



((**CARPE DIEM**))
VOLLEYBALL

FREE VOLLEYBALL CAMPS!



Space is limited, please register early! Free Skills Clinic.

USA Volleyball Association, Cap I and Cap II Certified Instruction.

WWW.CARPEDIEMVB.ORG

EVERYONE WELCOME.

BRING FRIENDS, OTHER PLAYERS,
AND INVITE YOUR COACHES.

(Food and beverage provided for all participants)

Sunday, August 9th: 2009 Youth Volleyball Camp*

- Middle School (skills session):
2:00 - 4:00 pm. Includes: serving, receiving, and hitting + basics.
- High School (tune-up for H.S. tryouts):
3:00 - 5:00 pm. Includes: serving, receiving, and hitting+ basics.

Monday, August 24th: 2009 Volleyball Youth Camp*

- Middle School (All skills session)
6:00 - 8:00 pm. Scrimmage.
- High School (All skills session)
7:00 - 9:00 pm. Scrimmage.

Sunday, September 20th: 2009 Volleyball Youth Camp*

- Middle School
2:00 - 4:00 pm. Serving/scrimmage camp.
- High School
3:00 - 5:00 pm. Vertical training and testing/ scrimmage camp.

Sunday, October 11th: 2009 Volleyball Youth Camp*

- Middle School
2:00 - 4:00 pm. "End of Season" evaluation / scrimmage.
- High School
3:00 - 5:00 pm. Mid-Season Review and Evaluation

**All youth camps open to both boys and girls.*

Sunday, October 25th: Winter League Open House**

(Meet and greet team coaches)

- Middle & High School Players: 3:00 -5:00 pm

Wednesday, November 4th: Winter League Open House**



(Meet and greet team coaches)

- Middle & High School Players: 6:30 – 8:30 pm

Tuesday, November 10th: Winter League Open House**

(Meet and greet team coaches)

- Middle & High School Players: 6:00 -8:00 pm

Follow us on:  

MEET THE COACHING TEAM.



RYAN CAMPBELL - Head Coach Cornerstone University

During the summer, Ryan works volleyball camps at: Penn State, Hawaii, Michigan, Notre Dame, and Bowling Green. Ryan majored in Physical Education and double minored in Health Education and coaching at Cornerstone University.



REBECCA BAKER - Asst. Head Coach Cornerstone University.

Rebecca was a 4 year varsity player at Tri-unity Christian, earning all conference, all region and 1st team all state her senior year. 2007 Rebecca was a starting senior at Cornerstone University. She majored in Psychology and studied Sociology as a minor. This is Rebecca's 4th year coaching with Carpe Diem.



MICHELLE VANDER MEER - Coaching Director

West Michigan's only CAP II certified instructor and the 2007 Assistant Coach of Tri-Unity Christian State Finalist. She has over 25 years of experience as a player/coach.



DAVID VANDER MEER - President/Coach

David is the President of Carpe Diem Volleyball and the 2007 Coach of Tri-Unity Christian State Finalist. He is a CAP 1 level coach with USA Volleyball. He is also a National official with USA Volleyball, both Beach and Indoor.

** Please come to one of our open houses to meet the rest of our coaching staff.

FREE VOLLEYBALL SKILLS CAMPS!



CLUB VOLLEYBALL SEASONS

FALL SESSION

End of August thru early November

WINTER SESSION (local and national teams)

Mid December thru mid March

SPRING SESSION: (local and national teams)

Mid March thru mid May/June

For more information call 616.458.DIEM (3436), or log onto www.carpediemvb.org.

